



Horringer Gardening Club are very pleased to announce that **Adam Frost** will be joining us in Horringer on **Monday 10th February 2020** at the Community centre.

His talk is entitled **"A year in the life of Adam"**



Adam is a Landscape Designer who is passionate about what he does.

He believes there's inspiration all around us – in nature, architecture, art, people and food – we just have to take the time to stop and look around.

He draws on memories, special places and people who have been influential to the way he designs.

Adam cares that his garden designs are about creating personal spaces that people can feel comfortable in, places that actually feel 'real', as well as being beautiful.

Adam enjoys travelling the world designing gardens and speaking on a wide variety of horticultural topics.

He has written a book entitled 'Real Gardens' about the memories and ideas behind his Chelsea Gold Medal winning designs.

Adam is an RHS Ambassador for Education and Community Gardens, Co-Founder of the Homebase Garden Academy and a presenter on BBC television, including Gardeners' World.

Adam also loves sport and cooking. He lives with his wife Sulina in a picturesque Lincolnshire village, with their four children, one horse, two ponies, two spaniels, one black Labrador and an ancient cat! His 3 acre garden is a work in progress.



A year in the life of Adam

By

Adam Frost

Monday 10th February 2020

Horringer Community Centre

7.30pm

Refreshments and raffle

Admission by ticket only £20.00 per person (non-refundable)

Apply to Polly Barfoot E: pollybarfoot@aol.com M: 07971 149919

The Ark House, Chedburgh Road, Whepstead, Bury St Edmunds, Suffolk IP29 4UB

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I would like to purchase tickets @ £20.00 each – Total Enclosed: £

Cheques payable to Horringer Gardening Club

Name:	
Address:	
Postcode:	
Email:	
Contact telephone number:	